

Utah County Health Department

Commercial Trampoline Gyms

Under any circumstances, jumping on trampolines is not safe. Jumping on trampolines at commercial trampoline gyms carries increased risk of severe injury. Under the authority granted to the Utah County Board of Health by Utah Code 26A-1-114(1)(d) and Utah County Code 10-2-3, the Utah County Board of Health, the Utah County Board of Health hereby requires that commercial trampoline gyms must comply with the following standards:

1.0 Definitions:

- 1.1 **“Trampoline Court”** shall mean an area comprised of one or more commercial trampolines and any associated foam pits.
- 1.2 **“Trampoline Gym”** shall mean any place of business that operates for the purpose of offering the use of a trampoline court at a price.
- 1.3 **“Commercial Trampoline”** shall mean a devise consisting of a bed of canvas, fabric, or other material attached to a framework by springs, rubber coils, or other elastic material intended for use in a commercial facility.
- 1.4 **“Operator”** shall mean a person who owns, manages, or controls or has the duty to control the operation of a trampoline gym.
- 1.5 **“Serious Injury”** an injury that requires medical attention beyond basic first-aid, or is reasonably likely to require medical attention beyond basic first-aid, or where the nature of the cause of injury and/or pain or symptoms related to the injury carry a reasonable risk that a failure to receive medical attention beyond basic first-aid may result in serious or permanent injury. Serious injury shall include, but shall not be limited to: broken bones, head injuries, spinal cord injuries, paralysis, etc.
- 1.6 **“Emergency Response Plan”** is a plan of action for the efficient deployment and coordination of services, agencies and personnel to provide the earliest possible response to an emergency.

2.0 This regulation does not apply to the following:

- 2.1 Any playground operated by a school or local government, if the playground is an incidental amenity and the operating entity is not primarily engaged in providing amusement, pleasure or thrills.

2.2 Inflatable rides, inflatable bounce houses, ball crawls, and/or equipment used exclusively for exercise.

2.3 Gymnastics, Dance, Cheer, and Tumbling facilities where all of the following are applicable:

2.3.1 The majority of activities are gymnastics based.

2.3.2 Where the facility derives at least 80% of its revenues through supervised educational instruction classes where the student-to-coach/instructor ratio is based on age, skill level, and number of students.

2.3.3 The facility teaches gymnastics skills and basics through programs that use progressive-oriented training and has supervised classes.

3.0 Notification of risk

3.1 Each operator of a trampoline gym shall educate all participants regarding the risk of serious injury associated with use of the trampoline court in addition to and separate from any waiver of liability forms. Education shall include instruction on safe use of the facility and the risks of unsafe or dangerous activities where all of the following are applicable:

3.1.1 Children under 6 are at increased risk of injury and should not use the trampoline court unless in an assigned area for that age group and there is present and observing the parent or guardian of such child, or a responsible person designated by such parent or guardian or an employee-monitor.

3.1.1.1 One person on an individual trampoline at any given time.

3.1.1.2 No somersaults or flips.

3.2 Each operator shall post signage in conspicuous, well-lit places at the entrance desk and within the trampoline gym warning users of the risks of using the trampoline court and displaying safety rules. Letters shall be at least 2 inches in height.

4.0 Supervision

4.1 Trampoline Courts shall be monitored at all times by at least one (1) adult over the age of 18, Lead Safety Supervisor.

4.2 Operators shall employ and train other supervisors (one for every 32 patrons) to actively enforce all regulations herein and all rules of the trampoline gym.

- 4.3 All supervisors shall be trained regarding these regulations, rules of the trampoline gym, first aid, and CPR training (that meets OSHA standards). Supervisors shall be trained in how to provide immediate care for breathing emergencies and serious injuries (as defined above). This training must be completed (or administered) once a year to all employees and documentation must be available at health department's request.
- 4.4 Lead Safety Supervisors shall maintain a current EMT license.

5.0 Reporting of injuries

- 5.1 Each operator of a trampoline gym within Utah County is required to formally track and report or cause to be reported to the Utah County Health Department by telephone each accident associated with trampoline court use which results in emergency services being called, a participant visiting the emergency room, death or serious injury (as defined above).
- 5.2 Each operator of a trampoline gym shall immediately call 911 when any serious injury (as defined above) occurs.
- 5.3 Each trampoline gym must create an Emergency Response Plan (ERP) approved by the Utah County Health Department by July 1, 2016. All employees are required to know the response plan. At a minimum, the plan will describe what to do, who to call, etc. based on the injury. The plan must include a requirement to call 911 with any injury to the head, neck, or spine.
- 5.4 Trampoline gyms are required to report on a quarterly basis to the Utah County Health Department on: 1) how many times the ERP is implemented (how many total injuries there are) and 2) how many times the ERP requires a certain response (how many serious injuries there are).

6.0 Inspections

- 6.1 Each operator shall allow and facilitate the Utah County Health Department's inspections of their records to ensure compliance with the regulations found herein.
- 6.2 The trampoline court should be maintained in good repair and inspected every six (6) months by a qualified individual, experienced with trampoline courts – preferably an independent consultant. Each operator shall ensure that an independent consultant has verified compliance with the following:

6.2.1 The trampolines should be placed away from other structures.

6.2.2 The trampolines should be at ground level.

6.2.3 Full safety pad coverage.

6.3 Each operator shall make available to the Utah County Health Department inspector the updated Emergency Response Plan and all maintenance, inspection, employee first aid/ CPR training, and injury logs.

7.0 Penalty for violation

Any person who violates any provision of this regulation pertaining to commercial trampoline gyms shall be subject to criminal and civil liability as contained in Utah Code Annotated 26A-1-123 and Utah Code 26-23-6.

8.0 Conflict

In any case where a provision of this regulation is found to be in conflict with a provision of any ordinance or local law, or with a provision of any statute, rule, or order of the State of Utah, the provision which established the higher standard for the promotion of the health, welfare, and safety of the citizens of Utah County shall prevail. In any case where a provision of this regulation is found to be in conflict with a provision of any other ordinance or local law existing on the effective date of this local law, or with a provision of any statute, rule, or order of the State of Utah, which established a lower standard for the promotion of the health, welfare, and safety of the citizens of the municipality, the provisions of this local law shall be deemed to prevail.

9.0 Severability

If any provision, clause, sentence, or paragraph of this regulation or the application thereof to any person or circumstances shall be held to be invalid, such invalidity shall not affect the other provisions or applications of this regulation. The valid part of any clause, sentence, or paragraph of this regulation shall be given independence from the invalid provisions or application and to this end the provisions of this regulation are hereby declared to be severable.

10.0 EFFECTIVE DATE

This regulation shall become effective July 1, 2016.