



# UTAH COUNTY BOARD OF HEALTH

151 SOUTH UNIVERSITY AVENUE  
PROVO, UTAH 84601

## MINUTES

*January 28, 2013*

### Members Present:

Name		Name	
Gaye L. Ray, RN	X	Viola Ramos, MRC	X
Clyde Nielsen, PPh	X	Mayor Jim Dain	X
Supt. Vernon Henshaw	X	Diane Lohner	X
Dianne C. Carr	excused	Cmsr. Doug Witney, Chair	X
Henry M. Yeates, M.D.	X		

**Others present:** Dr. Joseph Miner - Utah County Health Department (UCHD) Executive Director, Ralph Clegg, - UCHD Deputy Director, Debbi Solen - UCHD Secretary  
 Utah County Health Department: Sofia Ybarra, Robert Mower, Steve Mickelson, Terry Beebe, Eric Edwards, Steve Alder, Paul Jones, Richard Nance  
 BYU Students: Camilla Dollahite, Adelay Duffin, Katrina Hale, and Todd Sorensen

- Welcome and introductions by Commissioner Witney.
- Approval of the Minutes from the November 26, 2012 meeting.

**MOTION:** Gaye Ray made the motion to approve the minutes, which was seconded by Diane Lohner and passed by unanimous vote.

- Proposed Regulation Updates for Public Hearing at the March Meeting - Terry Beebe

There are 7 regulations that Terry Beebe is recommending be retired. These were printed and handed out to board members so they could review them before a public meeting on this matter at our next Board of Health meeting, March 25, 2013. These are as follows:

A. Dry Subdivisions located in Utah County. This prohibits subdivisions without drinking water from being developed. The Utah County Land Use Ordinance already addresses this issue as well as the State onsite wastewater rule and drinking water rules.

B. Hog Farms in Utah County. This was to permit and provide guidelines for the caring of more than 10 hogs by an individual. These operations are now regulated by the Utah State Department of Agriculture.

C. No Bare-Hand Contact with Ready to Eat Foods. This regulation is being retired because no bare-hand contact with ready-to-eat food is addressed in State Rule R392-100, Food Service Sanitation, which has been adopted by reference by the Utah County Board of Health (UCBOH).

D. Food Service Sanitation. This regulation is being retired because UCBOH has adopted by reference, with some additions, Utah State Rule R392-100, Food Service Sanitation, which governs all food service operations.

E. Food Service Fee Standards. All environmental health fees are now established and approved annually by the Utah County Board of Health. These fees have to be adjusted periodically and should not be part of a regulation that requires a public hearing every time a fee is adjusted.

F. Septic Tank and Cesspool Cleaners. This regulation permits and provides guidelines for septic tank pumper services. Utah State Rule R317-550, Rules for Waste Disposal by Liquid Scavenger Operations governs this service. UCHD is required to enforce state rules by statute. UCHD will adopt this State Rule by reference and include additional requirements for permitting fees.

G. Holding Tanks. This regulation was to provide guidelines for the construction, installation, and use of wastewater holding tanks. Holding tanks are now governed by Utah State Rule R317-4, Onsite Wastewater Systems. This State Rule has been adopted by UCBOH.

The Food Service Employee Permits regulation was adopted in 1978. This regulation governs the issuance of food service employee permits within the boundaries of Utah County. Staff recommend this regulation be amended to change the Department name from “City-County Health Department of Utah County” to “Utah County Health Department” and the duration of the permits from 2 years to 3 years.

Staff also recommend the Board adopt with additions the Liquid Scavenger Operations, Utah State Rule, R317-550. This will replace the outdated Utah County “Septic Tank and Cesspool Cleaners” regulation referenced above that was adopted in 1982.

Some proposed amendments to our regulation on Body Art Facilities will be postponed until after the 2013 Legislature which may pass a law regulating these businesses.

**MOTION:** Mayor Dain made the motion that the above proposed actions be adopted for public hearing at the next Board of Health Meeting, March 25, 2013 which was seconded by Gaye Ray and passed by unanimous vote.

#### 4. Abstinence Education Teaching Help for Parents - Sofia Ybarra

Unwanted pregnancies and sexually transmitted diseases are a growing problem among adolescents. UCHD was awarded a 3 year Abstinence Education grant and is currently in the second year. Sofia is working with the Utah County Teen Pregnancy Council (UCTPC) and creating a “Talking 2 Teens” website. The website is targeted toward parents, specifically those with children ages 13-18 who are in the Utah Juvenile Justice

System, of Hispanic origin and/or non-white race, or residing in areas with birth rates higher than the state birth rate.

Research proves that parent-child communication is a predicting factor of sexual activity in teens. Parental involvement is a protective factor for many risk behaviors in children. The internet has been shown to be an effective tool in promoting parent-child communication. Utah has the highest rates of internet use in the nation; Utah County internet connection rate is 97%. In a needs assessment conducted by Centro Hispano, over 660 surveys were administered to parents of Hispanic youth during 2011 and 2012. Fifty-three percent of these participants expressed interest in classes that provide information on sexual abstinence education but very few expressed a willingness to take time out of their busy schedules to attend a class.

Creating a web-based training seemed the best way to reach parents because of its accessibility, anonymity, and ability to convey expert and updated information. The website would be offered in both English and Spanish and available to the public. There will be many resources and references available on the website as well.

When the 3 year grant expires, the Utah Teen Pregnancy Council has expressed a desire to keep the website current. The website would also be useful for drug and alcohol prevention and treatment centers. To encourage discussion between parents and their children it was suggested that students get extra credit for their health class if their parents attend the website class.

Sofia will email the website training for parents program plan to Debbi so she can forward it to the members of the Board of Health for their review.

#### 5. Mosquito Abatement Building Update - Robert Mower

Since 1957 Mosquito Abatement has occupied many buildings. Currently they are renting 3 small rooms from Public Works. Not only is the space inadequate, there are no showers, their equipment is out in the weather requiring the hoses be replaced every year, and the chemical storage facilities are not OSHA approved. July 25, 2012 approval was given to construct a building and garage. There are some ground water issues but they are expecting to finish construction in about 3 weeks with landscaping and paving to be completed in the Spring when the weather warms up.

They are setting up traps throughout the valley and preparing for ground and aerial assault. The Western and St. Louis Equine Viruses and the West Nile Virus are still concerns. They are also going to set out 2 additional traps in the June Sucker Fish Preservation/Provo River Delta Restoration Project area. Board members have received many positive comments regarding the excellent work done by Utah County's Mosquito Abatement.

#### 6. The Value of Medicaid Expansion to the State of Utah - Richard Nance

There are about 50,000 Utah County citizens who don't have health insurance or access to affordable health insurance who fall under the income eligibility guidelines for Medicaid expansion. Those people whose

income is over 100% and up to 400% of poverty will have to buy insurance through the State's health insurance exchange if they don't already have insurance coverage. If the Governor opts in to the Medicaid expansion, childless adults and parents earning between 50% and 133% of poverty would be eligible to enroll in Medicaid instead. If the Governor elects not to opt in, those between 100% and 400% will still be required to purchase insurance, but those below 100% won't be required and won't have access to Medicaid. Up to 40% of these will have mental health or substance abuse issues needing treatment. A substantial number of those with no insurance and substance use disorders will end up in the County jail at some point. Medicaid expansion would save significant future costs in the Jail, County Attorney's office, Public Defender, District and Justice courts, and other public programs, as well as delay or avoid the need to build more jail beds.

For the first 3 years (starting in 2014) the Medicaid expansion will cost the State nothing. The maximum match on the federal portion (starting in 2020) is 10% of the cost of the expansion. Utah County Department of Drug and Alcohol Prevention and Treatment (aDDAPT) calculates there are over 3000 people in Utah County needing substance abuse treatment that would be eligible for Medicaid under the expansion. With the current State and County funding they figure the number of clients they could afford to pay the 10% match on would be as many as 10,000.

With our current system many mentally ill people are covered by Medicaid. If they get better and enter the work force they lose their Social Security Disability income and their Medicaid coverage. Under the Medicaid expansion they would have the incentive to get well and get a job without the fear of losing their health insurance coverage. As productive taxpayers they would transfer from the Medicaid disability program to the Medicaid expansion program and no longer be a drain on the Social Security program. With the Medicaid expansion people will no longer use the ER for their primary care or wait until their health problems are extensive and costly.

Both Wasatch Mental Health and Utah County aDDAPT could treat nearly 3 times as many people with behavioral health disorders if the Governor and legislature choose to opt in. You also know how limited our capacity to provide substance abuse treatment is at present because of limited funding and Medicaid only requirements. Richard Nance asked the Board to ask the Legislature to support the Medicaid Expansion.

Some Board members would like time to review the presentation and want to hear reasons for not opting in to the Medicaid expansion. If the State doesn't opt in we need assurance that money will still be available for health care. It was stated that the Utah Hospital Association was against the Medicaid expansion.

**NOTE:** Jillanne C. Vicory, Member and Director of Community Affairs for the Utah Hospital Association (UHA) said that the UHA has been misrepresented in the news as being opposed to the Medicaid expansion when in fact they are calling for more information gathering and a committee to study the issue. Their formal statement can be found at:

<http://www.utahhospitals.org/advocacy/uha-legislative-agenda.html>

Richard will send his presentation to Debbi Solen so she can forward it to Commissioner Witney who will forward the presentation with some other information to the Board members for their evaluation.

## 7. 2013 Legislature - Dr. Joseph Miner

The Legislature began meeting January 22, 2013 and the Board members were given a preliminary list of bills to watch.

A. HB13 prohibits a person from smoking in a motor vehicle with someone age 15 years old or younger. This has been addressed before and defeated.

B. HB48 Dr. Redd the Public Health contract physician for Bear River Health Dept. is sponsoring this bill to provide liability protection for the Medical Reserve Corps (MRC) who are trained volunteers who respond to public health emergencies or disasters.

C. HB52 adds "spice" and "bath salts" analogs to the list of unscheduled controlled substances.

D. HB58 would require any amateur sports organization to be aware of the organization's concussion and head injury policy and to immediately remove a child from participating in a sporting event in the event of a concussion or traumatic head injury.

E. HB269 would permit a school nurse to treat a child who sustains a concussion during school hours on school property. The school nurse would be prohibited from returning the child to physical education class after sustaining a concussion.

F. SB36 addresses the taxation of cigarettes made on a cigarette rolling machine. This will close the loophole that exists now.

Debbi Solen will email at least weekly the updated lists of bills that are being considered and what their status is.

## 8. Influenza and other Outbreaks - Dr. Joseph Miner

There have been 2 deaths in the County from the flu. One third of the influenza cases are Influenza B and only half of these are covered by the vaccine. You can not get the flu from the flu shot. Getting the flu shot is still excellent protection. If you do come down with the flu after getting the vaccine then your symptoms are milder than they otherwise would have been. There is indication that the flu season has recently peaked.

The MTC had a Norovirus outbreak which was quickly contained within a week. Isolation and no hand shaking was strictly observed and every 2 hrs. surfaces were cleaned with anti-septic sprays.

Pertussis is still regularly occurring.

## 9. Board Member Feedback from Constituents

Our Air Pollution is horrible. There is a rumor that our air is worse than Beijing, China. Some of our days are the worst in the Country, but the number of bad days are far fewer than most large cities in the US. Solvents from dry cleaners and exhaust from restaurants are significant pollutants in addition to motor vehicles. Stagnant weather is the cause of our pollution inversions and air movement cleans out our mountain valleys.

10. New Employees

Board members were asked to review the list of employee changes on their own.

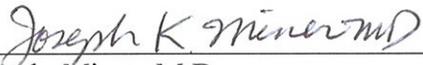
11. Other Business:

Gaye Ray, our Steering Committee representative, announced that the National Association of Local Boards of Health (NALBOH) will be holding their annual conference this year in Salt Lake City, August 14<sup>th</sup> - 16<sup>th</sup>. This is a great opportunity for us to attend. Because of this the Utah Association of Local Boards of Health (UALBH) will not hold a symposium this year; however, there will be a luncheon for UALBOH August 16<sup>th</sup> after the NALBOH conference is over. They will also be holding a breakfast meeting to discuss "Funding of Public Health". More information on this will be coming.

Our next meeting will be March 25, 2013.

**MOTION:** Mayor Dain made the motion to adjourn the meeting which was seconded by Dr. Yeates and passed by unanimous vote.

Meeting adjourned at 6:20 p.m.



Joseph. Miner, M.D.  
Executive Director  
Utah County Health Department



Commissioner Doug Witney  
Chair  
Utah County Board of Health