



UTAH COUNTY BOARD OF HEALTH

151 SOUTH UNIVERSITY AVENUE
PROVO, UTAH 84601

MINUTES

November 26, 2012

Members Present:

Name	
Gaye L. Ray, RN	X
Clyde Nielsen, PPh	X
Supt. Vernon Henshaw	X
Dianne C. Carr	excused
Henry M. Yeates, M.D.	X

Name	
Viola Ramos, MRC	excused
Mayor Jim Dain	excused
Diane Lohner	X
Cmsr. Doug Witney, Chair	X

Others present: Dr. Joseph Miner - UCHD Executive Director, Ralph Clegg, - UCHD Deputy Director, Debbi Solen - UCHD Secretary
Utah County Health Department: Maralie Godemann, Sofia Ybarra, Abby Johnson, Joy Holbrook, Kari Matheson, Terry Beebe
Paul Jones, Utah County Attorney's Office and Britnee Johnston, Thanksgiving Point

1. Welcome - Doug Witney

There weren't enough members present for a quorum so item #2 was skipped until later in the meeting.

2. Approval of the Minutes from the September 24, 2012 meeting

MOTION: Diane Lohner made the motion to approve the minutes, which was seconded by Gaye Ray and passed by unanimous vote.

3. Steering Committee Member Representative from Board

Doug Witney asked Gaye Ray if she would represent the Board on the Steering Committee. The Steering Committee is a state organization with a member from each local Board of Health and they meet every 2 months. The committee will pay for her travel expenses. If it is too much for her schedule Gaye will let the Board know and another representative will be picked. Gaye accepted this request.

4. Community Assessment Photo Voice Project - Maralie Godemann

This project was to improve Hispanic participation in our community assessment process. Hispanic representatives were asked to photograph things around them that affect their health, safety and quality of life. Then they were interviewed to comment on the photographs they took. Most obtain health care at Mountainlands Community Health Center. Many described rundown homes and playgrounds in their neighborhoods, transportation problems, and teen pregnancy. This information will be included with other information gathered for the final Community Assessment Report. There will be 3 more focus groups held December 10, 11, and 12th to interview members of the general public at our American Fork offices, the Payson Library and at the Health and Justice Building in Provo.

After all the data is collected they will develop a County Quality Improvement Plan with our partners. They will collaborate with Mountainlands Community Health Center on public health projects. They will promote the services that the Utah County Health Dept (UCHD) provides. The UCHD has received a \$5,000 Quality Improvement Grant that will be used for the Prenatal Smoking Cessation Program. Each division at UCHD has set goals for quality improvement and is working toward improving their customer service. A customer service follow-up survey questionnaire was given to Board members. This will be used to see how clients perceived the service they received in their homes or businesses, or at our offices. The employees are aware that this will be done. Division supervisors will review the data collected.

5. Cold Turkey 5K Run - Abby Johnson

For the Great American Smokeout, sponsored by the American Cancer Society, UCHD sponsored a Cold Turkey Fun Run on November 17th. We were expecting about 150 participants and nearly 400 came, many from out of Utah County. It was a huge success and enjoyed by all. Both Diane Lohner and Dianne Carr from the Board of Health ran. Their support was very much appreciated. Frozen turkeys were given to the first place male and first place female runners.

“Addicts to Athletes” also participated. Channel 30's (abc4/CW30), “The Daily Dish”, interviewed Judy Berrocal who had decided to quit the week before after 35 years of smoking. She was chosen to receive a frozen turkey as well. It is documented that smokers are addicted by the average age of 14. Running seems to help people quit smoking. Utah has a confidential “Quitline” for those who want help and working with your health provider is another option.

Many people have expressed their desire to have this 5K run become an annual event, but this depends on funding being available. For photos of the event visit: [Facebook.com/uhealth](https://www.facebook.com/uhealth).

6. State Health Improvement Plan - Joseph Miner

The Utah Dept. of Health and representatives from the 12 local health departments got together Oct. 4-5, 2012 and created a Statewide Health Improvement Plan. Four goals were selected: Obesity, Immunizations, Partnerships, and Funding.

Obesity is a very important public health issue and is very difficult to address. You can legislate seat belts or smoking, but how do you get people to eat correctly and get regular exercise? The plan includes working with the school districts to incorporate physical activity for the students and to promote family dinners. A few schools have removed candy and soda machines but not everyone agrees with this approach because the machines make money for the schools.

Laws work; for example, the seat belt and safety seat laws save lives and the child immunization law for schools and day care works, but laws requiring good eating habits and daily exercise aren't very feasible. So most of the obesity goals for the Statewide Health Improvement Plan are educational.

To increase immunization rates for adults as well as children we need to change through education the perception of those opposed to or complacent about vaccinations. This will involve the medical community.

It was decided that we needed to build a better working relationship between the state and local health departments. This will save time and effort down the road. There is the need for reliable funding for public health. A lot of the funding for UCHD is from fees (Fee for Service) which is very different from 20 years ago.

Utah County has tied their contribution to employees' Health Savings Accounts to employees' participation in the Well4Life employee wellness program. This is an incentive for employees to become involved with their health care and slow the increasing cost of health care.

7. Toxic e.Coli Cases - Joseph Miner

There have been 9 cases of e.Coli (0-157 H-7 strain) with 5 involving Utah County residents and 4 were from outside of the County. All of the cases were in children under age 10. All had been to Thanksgiving Point's seasonal Cornbelly's childrens water activities or petting zoo. No source has been identified but the water activities and animal contact are the likeliest sources. No common food source was identified. The State also felt the petting zoo may have been the source. Cornbelly's and Thanksgiving Point use different animals but none of the goats tested positive. Cornbelly's stopped their childrens' water activities which used irrigation water and since then there have been no more new cases. Thanksgiving Point has been very responsive and excellent to work with.

There have been 321 confirmed cases of Pertussis so far in Utah County. This likely is just a fraction of the total cases we have had. This continues to be a problem not only in Utah but all over the western United States. Last year there were 165 cases and this was up from an average of 61.5 cases during 2007-2011. A handout was given showing the breakdown of cases by school districts. Foothill Elementary School in Orem has the most cases but every school district is involved. KSL will be covering the Foothill Elementary School outbreak tonight. About sixty years ago Pertussis was the 13th leading cause of death in Utah, usually young children. Those that survive can have permanent lung damage.

Our school-based vaccine clinics that the UCHD are holding after school have been very successful and will immunize anyone who comes. Grandparents and babysitters need to be immunized as well as parents and siblings. Anyone who has contact with very young children should be immunized with (Tdap) as they are the ones who expose the very young. Tdap vaccine has tetanus, diphtheria, and pertussis combined and the boosters are given every 5-10 years. Pregnant women should get the vaccine as this protects the unborn baby. Babies are not able to start the vaccine series until they are 2 months old so they are not fully protected until the series is completed. The pertussis vaccine is only 80% effective so it is even more important that everyone be vaccinated to prevent it from spreading.

CDC doesn't have enough data for the pertussis vaccine to recommend getting a booster every 5 or 10 years because it is a new vaccine. It isn't cost effective for the general public to get a titer measurement to determine immunity as the titer costs more than the vaccine. The older pertussis vaccine was more effective but had more side effects.

8. Reappointments of Board Members

Diane Lohner, Mayor Dain and Dr. Yeates have all been re-appointed by the commissioners for a new 3 year term. All three have been filling an unexpired term for someone else who left the Board. Diane was sworn in today.

9. Board Member Feedback from Constituents

Clyde Nielsen has heard that UCHD is the best health department in the state. The pharmacy he works at has a fountain that is inspected regularly and they appreciate the excellent working relationship they have with Utah County's Environmental Health inspectors. UCHD will be conducting follow-up customer service surveys in the near future. Our website utahcountyhealth.org has restaurant inspections listed.

11. New Employees

Dr. Miner reviewed the list of employees hired and those who left.

12. Other Business:

The Central District Health Department in Boise, Idaho has passed a policy that they will no longer hire anyone testing positive for nicotine use. Similar policies have been passed elsewhere.

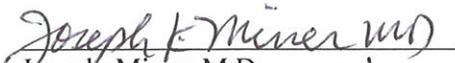
NALBOH (National Association of Local Boards of Health) will be having their annual conference in Salt Lake City next year, August 14-16, 2013. This is an excellent opportunity for more of the Board members to attend.

December 13th, 2012 there will be a dinner sponsored by our anti-tobacco youth group, Outrage, in the County Courthouse ballroom at 6 PM.

Our next meeting will be January 28, 2013.

MOTION: Vernon Henshaw made the motion to adjourn the meeting which was seconded by Gaye Ray and passed by unanimous vote.

Meeting adjourned at 5:30 p.m.


Joseph. Miner, M.D.
Executive Director
Utah County Health Department


Commissioner Doug Witney
Chair
Utah County Board of Health