

## UTAH COUNTY JOB DESCRIPTION

CLASS TITLE: CLINICAL THERAPIST II  
CLASS CODE: 2052  
EFFECTIVE DATE: 12/2/97 (Revised 5/17/95 version - Amended 11/19/03)  
MARKET POINT: Based on applicable market study

DEPARTMENT: Drug and Alcohol Prevention and Treatment

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### **JOB SUMMARY**

Under the general direction of the Program Director or Treatment Services Manager, assesses individual consumer needs; develops and implements individualized treatment programming; monitors individual consumer progress toward specific goals and objectives; participates in multi-disciplinary case staffing and utilizes caseload management systems; provides psycho social services; conducts individual, family and group counseling sessions in accordance with professional standards; coordinates psycho social services delivery with appropriate agencies within the community; and performs other duties as assigned.

### **CLASS CHARACTERISTICS**

This is a professional, licensed counselor classification level requiring administrative and program coordination activities.

### **ESSENTIAL FUNCTIONS**

Conducts individual, family, and group counseling sessions according to individualized treatment plans and in accordance with professional standards.

Interviews, assesses, and identifies mental health or other problems using approved assessment instruments, social history, and consultation with community resources.

Prepares reports and makes appropriate recommendations relating to treatment options using information gathered during an intake interview, collateral contacts, and reviewing assessment results.

Makes treatment/social service referrals to appropriate agencies in order to affect a positive impact on the individual's performance.

Creates, maintains, and submits accurate records and documents on a timely basis and in an appropriate manner.

Prepares statistical reports to assist in monitoring expenditures and grants.

Provides clinical supervision for non-licensed employees in the assigned treatment setting. (Supervision will be conducted in a manner consistent with Utah licensing regulations and department policies.)

Supervises and facilitates the delivery of specialized training and intervention skills for mental health treatment providers.

Coordinates and interacts with local and state-wide treatment providers and social service agencies using communication and interpersonal skills in order to facilitate collaboration efforts.

Communicates information to appropriate agency staff to ensure follow through.

Maintains current knowledge of assessment and treatment techniques, criminal justice systems, and community resources using in-service training, seminars, workshops, and publications.

### **ADDITIONAL RESPONSIBILITIES MAY INCLUDE**

Acts as an agency representative in court and interagency meetings and provides information to judges and to other court personnel.

Supervises the presentation and provision of classes, prepares class schedules, and hires, trains, and assigns instructors as necessary.

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### **KNOWLEDGE, SKILLS, AND ABILITIES**

Ability to maintain cooperative working relationships with those contacted in the course of work activities; Knowledge of interviewing methods and techniques, social casework principles and methods, and mental health assessment instruments; Ability to identify and assess symptoms relating to assigned treatment program; Knowledge of clinical diagnostic methods and principles, various modalities of psychotherapy and counseling, and abnormal psychology; Skill in use of crisis intervention techniques; Knowledge of the basic structure of the criminal justice system; Knowledge of Federal, State and local ordinances and policies regarding therapeutic issues; Skill in basic PC operation; Ability to communicate effectively verbally and in writing; Skill in preparing comprehensive case reports and statistics; and Skill in class development and presentation.

### **PHYSICAL DEMANDS**

Typically sit at a desk or table; Occasionally walk, stand or stoop; Occasionally lift, carry, push, pull or otherwise move objects weighing up to 30 pounds; and Regularly drives a motor vehicle.

Accommodation may be made for some of these physical demands for otherwise qualified individuals who require and request such accommodation.

### **WORKING CONDITIONS**

Work is performed in an office or other environmentally controlled room; Work exposes incumbent to contagious or infectious diseases; Work may expose incumbent to dangerous and volatile situations; and Work exposes incumbent to possible bodily injury.

### **EDUCATION AND EXPERIENCE**

Equivalent to a Master's degree in social work, marriage and family therapy, counseling, or psychology from an accredited college or university. Also, two (2) years direct clinical work experience in an appropriate treatment field (child abuse, mental health, victim counseling, and / or substance abuse), indicating full competency in clinical diagnostic assessment skills, and in developing and reviewing individualized treatment plans.

Selected applicants are subject to, and must pass, a full background check.

### **LICENSING AND CERTIFICATION**

Must be licensed under the Mental Health Professional Practice Act (UCA 58-60-101) as one of the following: Licensed Clinical Social Worker (LCSW); Licensed Professional Counselor (LPC); Marriage and Family Therapist (MFT); physician and surgeon, or osteopathic physician engaged in the practice of mental health therapy; advanced practice registered nurse, specializing in psychiatric mental health nursing; licensed psychologist qualified to engage in the practice of mental health therapy. Incumbent is required to complete continuing education required to maintain licensure. Incumbent must possess a valid State of Utah driver's license.

This description lists the major duties and requirements of the job and is not all-inclusive. Incumbent(s) may be expected to perform job-related duties other than those contained in this document and may be required to have specific job-related knowledge and skills.